



Footnotes...

January 2009

2009 Board

Commodore	Margaret Sherrod
Vice Commodore	Tom Beachem
Racing Captain	Jeff Rutledge
Cruising Captain	Rory Robichaux
Social Captain	Kitty Jones
Membership Captain	Kris Bowles
Purser	Dave Bowles
Boatswain	Dave Wright
Yeoman	Paul Zantzing
Past Commodore	Lance Jones

Things to Know

- **January Membership Meeting**—January 26th at 7 pm, Hudson Grill, 4046
- **1st Saturday of February Cruise**—February 7th, Skipper Meeting at Aqualand Marina at 10:30 am.
- **Results of January Poker Run**—To be announced at January meeting

Commodore's Greetings

Can you believe it? It is already 2009! As the year gets underway, there are several things to be thankful for:

There is **more water** in our lake (Lake Lanier) today than there was even a week ago. Hopefully, it is a sign of things to come in 2009.

There are over a hundred members in Barefoot Sailing Club who can share their joy of sailing. They can help each of us to become better sailors and have lots of fun along the way.

There was a dedicated group of officers in 2008 who successfully led us through a challenging year. Thanks, Lance, to you and your team for a successful 2008.

There is a new group of officers poised to provide the leadership to give us a great year of sailing on Lake Lanier. Their ideas and plans may change some "old" standards but their enthusiasm and leadership will help us become a better, more relevant, club.

So, what is ahead?

In 2009, Barefoot will have a full

Past Commodore's Musings

The joy of being the PAST Commodore is that I can sit back and move at a different pace and a different direction than I could while Commodore. One area I want to concentrate in this year is that of the Performance Cruiser Fleet development.

When I first started pushing for LARC to adopt the new rules, I didn't think the concept would take off quickly; however, I was pleasantly surprised. Nearly every major club regatta has had a cruising class as one of the

schedule of racing series and events. While the racing calendar shouldn't change much throughout the year, check the website often (<http://www.barefootsailing.org/Racing.htm>) for the posting of Notices of Race (NORs) and other announcements.

We will have a full cruising calendar of events in 2009. Each month, beginning in February, we will have an "open" cruise on the first Saturday of the month. These events will feature a brief but informative educational session.

Of course, not to be out-done, will be our fantastic social events, often in collaboration with the cruising or racing fleet. The Celtic Crossing, the Cruisers Brunch, the Steak-Out, the Lobster Boil, the Barefoot Open, the Holiday/Awards Party will all be special events you won't want to miss.

In 2009, we are committed to providing our members expanded educational offerings. We will be resurrecting some old programs, like our "Crew Development" workshops, and fine-tuning our annual programs, like our "Introduction to Sailing".

What do we need from you?

We need your renewals! **Now!** We

want you back as members in 2009. You are important to our success. We care about you and we hope you care about us.

We also need your ideas and suggestions. We want to contribute to your sailing experience and expand your sailing knowledge and skill. But we need to know what is important to you.

And, finally, **we need your involvement!** Barefoot Sailing Club is a club of individuals who are interested and/or involved in sailing. We are all volunteers. There are many things that need to be done to help us be successful. The members need to participate, too. So if an officer asks you to help with an activity, say "yes" if you can. If you have skills that might contribute to our success, please let me know. This is your club, please get involved and help us all be successful.

I hope to see you on the water soon!

Margaret Sherrod

What do you need to do in order to be a Performance Cruiser? Not a whole lot. The primary rule: be a mono-hull, cabin type boat with Dacron sails. Whisker poles are allowed; however, spinnakers aren't. So, do you want a more laid back approach to racing or just want to give racing a try? If you're interested, please contact me at lance@gillna.com

Lance Jones

This January I found myself walking the docks at Sunrise Cove, checking over several member's boats, in the clear, crisp cold. I had a chance to think a bit about Barefoot Sailing Club, the fun we're going to have this year as a club, and as a community. I also thought about my responsibilities to the club in my new position, and what I might do to help make 2009 a great year for the club.

In this and upcoming articles I thought I would share a couple of thoughts to start the New Year. Hopefully you find yourself nodding to at least some of them, and if you do, consider contacting me or any other board member to help make these ideas a reality for BFSC in 2009:

Membership meetings should be fun, inexpensive get-togethers with a chance to enjoy each other's company, share a meal, be entertained, and perhaps learn something new about sailing/boating that you didn't know before. For those of us so inclined, perhaps enjoy an adult beverage or two of your choice (well, we are sailors, after all).

To accomplish this, we have decided to move the meeting venue back to the old Jock's and Jill's location in Brookhaven, now called the Hudson Grill, at 4046 Peachtree Road, just across from the MARTA station, adjacent to the Mellow Mushroom. The restaurant has been completely renovated, with a wide variety of tasty options on the menu. I invite you to join me and the rest of the club every 4th Monday from 6 PM on for drinks/dinner, and at 7PM for the meeting.

First meeting is this January 26th, with SSC's own Joey Duran, a licensed boat surveyor, speaking on the ins and outs of boat surveys, and what you should look for in a boat, and in a surveyor. Other topics on the short-list for upcoming meetings include an insider's look into crewing on a tall ship, and tips from an experienced 1st mate on how to make barefoot charters fun, while adeptly managing the "movable ballast", otherwise known as crew.

Next month's newsletter article will focus on training, and the club's plans for expanding training beyond our usual "Learning to Sail" class. If you have an idea for a sail-training course that **YOU** would like to see implemented this year, give me a call. Practically no topic with regards to racing/cruising is considered out-of-bounds.

Now is a great time to think big, and be willing to pitch in and help make some new ideas take shape within the club. It's your club, and it's your time to be heard!

Tom Beachem

NEW PLACE - SAME DATE & TIME **BFSC Monthly Meetings**

Every 4th Monday from 6 PM for social time and 7PM for the meeting

LOCATION: Hudson Grill, 4046 Peachtree Road, just across from the MARTA station, adjacent to the Mellow Mushroom.

January 26th: Guest Speaker SSC's own Joey Duran
a licensed boat surveyor, speaking on the ins and outs of boat surveys, and what you should look for in a boat, and in a surveyor.

Ahoy all sailors - captains and crew - as we plan for grand adventures on the high and low seas. Adventures that have more to do with starting on a line for a sunset than with a starting line, and that are focused more on marking good times with rounds of drinks than with rounding the marks. Tis the season when we invite our competitive brethren to join us in pursuits no more challenging that pushing around water. This the beginning of the Cruising Season.

While it is a bit cold for the fair-weathered cruisers among us, I want to welcome one and all. We will begin our Cruising Season on the 1st Saturday of February (yes, Cruisers, I did say February), headed up by our very own Polar Bear, Tom Beacham. He will be leading a group of hearty, and hopefully well-layered, sailors on this Inaugural Iceberg Cruise. The Skipper's Meeting will begin at 10:30 AM at the Aqualand Ships Store. As will be the case for all of our 1st Saturday Cruises this year, there will be a 30-minute educational session from 10:30 - 11:00 AM.

The time change and educational segment noted above are but two of the changes we will be making to the Cruising schedule this year. Let me recap some of the changes and why we think they will make the Cruising season better for all.

Start Time: 10:30 in lieu of 10:00 AM. Many of our city-dwellers have asked for another 30 minutes to make the trek up from ITP (Inside the Perimeter), not to mention those in the Western reaches of Cobb County.

Education: 10:30 - 11:00 AM will be devoted to on-shore education/training of some sort. Topics may include anchoring, raft-up, staying warm on-board without a VERY LONG extension cord, etc.

PCO: Every cruise will have a PCO (Primary Cruise Officer). This will be the person responsible for planning and carrying out a fun Cruise on each 1st Saturday. I plan to have a volunteer for each of the 1st Saturday cruises before the end of the February general membership meeting.

Theme: each 1st Saturday

cruise will have a theme, whether it be food-based, holiday-based, or something else. This will be determined at the discretion of the aforementioned PCO.

Invited Groups: Each 1st Saturday cruise will have at least one 'invited group' to participate with the Cruising Fleet. This will presumably be a group not formally part of Barefoot. This will provide us a way to share our love of sailing with addition people, and potentially bring additional people into Barefoot.

3rd Sunday & other cruises: the 1st Saturday of each month will be the only cruise that will have a formal Skipper's meeting. Any 3rd Sunday, or other, cruises during the month, will be determined on a more ad hoc basis. This will not mean less cruising, but more opportunities for more cruises at more varied days and times.

If you have any questions or comments, please call me at (770) 330-2546. More to come.

Rory Robichaux

**New Monthly Feature
Website of the Month
Check It Out!**
<http://lanier.sam.usace.army.mil/>

Little Known Facts About Lake Lanier

What is the deepest part of Lake Lanier?

The deepest part of the lake is located on the north side of Buford Dam in the original river channel at elevation 911 feet above mean sea level. When the lake is at its full level (1071msl) the lake at this point is 160 feet in depth.

What is the record high lake level?

The record high was in April of 1964 when the lake reached elevation 1077.2 msl which was approximately 6 feet above its full level.

Is there a town under Lake Lanier?

No, when land for constructing the lake was acquired in the early 1950s the area was mostly farmland. The government purchased Land from about 700 families over a 56,000 acre area. The majority of the buildings that were removed or demolished were farmhouses and outbuildings such as barns.

Recipes For The Water!

Fish the Easy Way

Sharing the "cooking my catch" technique....

Works with only a little hot plate or grill. Recipe will work with your favorite fish (fresh catch or from the freezer)

INGREDIENTS:

- A fish fillet
- Ginger
- Lemon
- Parsley
- Salt & Pepper

Butter

METHOD:

Skin and bone the fish if needed. Leaving a thickish fillet. Place the fillet in the middle of a piece of aluminum foil and butter the fish

Place on top 2 of pieces of ginger, Sprinkle dried parsley on top (you can use fresh if you have it) Drizzle lightly with lemon juice Sprinkle with salt and pepper Wrap the fish in the foil so it is completely covered with no air

holes.

Place the fish on top of the hot-plate or heat surface (No pot, pan or plate required) Turn the fish every 2minutes. Check after 4minutes then continue to turn until the fish is white all the way through.

THEN ENJOY!!

It is extremely practical and ready in only a couple of minutes!

Barefoot Sailing Club

<http://www.barefootsailing.org/index.htm>

Thanks to our Sponsors

West Marine
We make boating more fun!



Atlanta's Barefoot Sailing Club has been in existence for over 30 years. That makes it one of the oldest clubs on Lake Lanier.

What makes us different? Glad you asked! Well, unlike most other sailing clubs that require you to own a boat in order to join, all we require is that you own a desire to sail! Many of our members and board of directors don't own a boat.

While we do have a wide variety of boats (and for that matter - owners) in our club, we encourage you to become part of our extended crew for races, cruises and social activities. That way, you get to enjoy the camaraderie of being a crewmember, meet new friends and also get to "try out" a lot of different of boats.

Barefoot has a number of activities going on year round with the BFSC. If you like the laid back, party attitude of cruising, we have one open cruise per month. It is on the first Saturday of each month. Come on out and enjoy cruising on Lake Lanier. We usually conclude the cruise with a "Raft-up" party in some quiet cove where we can let our sails down and have some fun. "Would you like to see a real party?"

If you have a more aggressive personality, we have a very competitive racing fleet with races in both PHRF and One Design courses. We are always looking for people to help out as both crew and to serve on the race committee.

So you don't know how to sail; but, you do want to learn? BFSC offers several different "Learn to Sail" programs through out the year. You not only learn the technical side of sailing; but, you also get practical application on REAL sailboats!

Come on out and have a great time with us. We sail all year and have something to fit your level of interest.

New Column: Maritime Mary's Questions?

Taken from "Who's The Skipper?" Nauti-Benders Boaters' Game.

Test Your Knowledge against the experts (answers to be revealed at the membership meeting)

#1—Typical Marine fire extinguishers have a discharge time of... 30 to 60 seconds, 1 to 2 minutes, or 8 to 20 seconds?

#2—Believe it or not, lowering or raising the anchor is a prime opportunity to do what?

#3—You run aground on a sandbar. Another boat comes along and offers a tow. In the process, your boat incurs minor damage. Who is liable for the damage?

#4— The distance to a thunderstorm can be determined by counting the seconds (1001, 1002, etc.) between the lightning flash and thunder clap. Each second equals approximately what?

#5— In most circumstances, a crew overboard situation is not life-threatening if handled properly. Drills should be conducted on a regular basis and above all _____ should prevail throughout the recovery.

#6— What is the common factor with all nautical knots?

REMEMBER—Answers to be revealed at the January Membership Meeting, January 26th.